

OCTOBER 2023 NSLP Breakfast/LUNCH MENU

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1% white and skim chocolate milk offered daily	2 CEREAL, FRUIT, JUICE, MILK Pancakes, syrup saus., potatoes, Fruit, milk	3 pop tarts, yogurt, juice milk Quessadillas, chips, veg. fruit, milk	4 omelet, fruit bar, fruit, juice, milk Cheeseburger/bun, potatoes , veg., fruit	5WG donut, cheese fruit, juice, milk Hot dog, tots, baked beans, fruit, veg.	6cereal, fruit, juice, milk Cheese pizza, chips, veg., fruit, cookie	
	9Cereal, fruit bar, juice Chicken patty/bun, potatoes, ., fruit, veg.	10 pancakes, syrup sausage , fruit, juice Mozz. Sticks, marinara, chips, fruits	11 Cinnamon Roll, fruit cup, juice, milk BBQ on a bun, tri-tater, fruit, and veg.	12french toast, syrup fruit, juice, milk CORN DOGS, baked beans, fruit, dessert	13 Muffin, yogurt, fruit, juice Uncrustable, cheese, fruit, veg., WG snack cookie	
	16 cereal, fruit, juice, cheese Chicken nuggets, potato, gr. fruit, vegetable,sandwich	17 pop tart, boiled egg, fruit, juice Nachos/chips, refried beans, fruit dessert	18waffles, syrup apple sauce, tri-tater juice Grilled chicken cheese/ bacon , sandwich, pot./,	19 NO SCHOOL TEACHER PD	20 NO SCHOOL TEACHER WORK DAY	
	23sausage, egg, biscuit, fruit, juice Sausage pizza, chips, hot veggie, fruits and	24cereal, fruit, , juice Ham and cheese, wg snack, fruit ,	25 breakfast bar, yogurt, juice Sals. steak, mashed pot/gr. Fruit, Corn,	26 pancakes, sausage, fruit, juice Cheeseburger, bun, potatoes, fruit and veg-	27 cereal, fruit, juice, milk Sub sand, wg chips, pickle spears, fruit	
	30cereal, fruit, juice, milk CHICK. PATTY/ BUN, POTATO, FRUIT, VEG.	31french tst, syrup, fruit, juice Mozz. Sticks, marinara, potatoes, fruit and veg.				This institution is an equal opportunity provider